



CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
7:00am 8:00am						10:30am 11:30am	THAI RUSH	BOX&BURN
8:00am 9:00am		BOX&BURN	BOX&BURN	THAI RUSH		11:30am 12:30pm	MUAY THAI (ALL LEVEL)	THAI RUSH
11:30am 12:30pm						12:30pm 1:30pm	BOXING (ALL LEVEL)	
12:30pm 1:30pm	BOXING (ALL LEVEL)	BOX&BURN	THAI RUSH	BOX&BURN	BOX&BURN	1:30pm 2:30pm	BOX&BURN	
1:00pm 2:00pm								
6:30pm 7:30pm	THAI RUSH	THAI RUSH	THAI RUSH	BOXING (ALL LEVELS)	BOX&BURN			
7:30pm 8:30pm	MUAY THAI (ALL LEVEL)	MUAY THAI BOXING SPARRING	BOXING (ALL LEVEL)	MUAY THAI BOXING SPARRING	MUAY THAI (ALL LEVEL)			
8:30pm 9:30pm	BOX&BURN		BOX&BURN					

