



# CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00am 8:00am		<b>BOX&amp;BURN</b>		<b>THAI RUSH</b>		10:30am 11:30am	<b>THAI RUSH</b> <b>BOX&amp;BURN</b>
8:00am 9:00am			<b>BOX&amp;BURN</b>			11:30am 12:30pm	<b>MUAY THAI</b> <b>THAI RUSH</b>
11:30am 12:30pm						12:30pm 1:30pm	<b>BOXING</b>
12:30pm 1:30pm	<b>BOX&amp;BURN</b>	<b>BOX&amp;BURN</b>	<b>THAI RUSH</b>	<b>BOX&amp;BURN</b>	<b>BOX&amp;BURN</b>	1:30pm 2:30pm	<b>BOX&amp;BURN</b>
1:00pm 2:00pm							
6:30pm 7:30pm	<b>THAI RUSH</b>	<b>THAI RUSH</b>	<b>THAI RUSH</b>	<b>BOXING</b>	<b>BOX&amp;BURN</b>		
7:30pm 8:30pm	<b>MUAY THAI</b>	<b>MUAY THAI</b> <b>BOXING</b> <b>SPARRING</b>	<b>BOXING</b>	<b>THAI RUSH</b>	<b>MUAY THAI</b> <b>BOXING</b> <b>SPARRING</b>		
8:30pm 9:30pm	<b>BOX&amp;BURN</b>						

