



CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00am 8:00am			BOX&BURN			10:30am 11:30am	THAI RUSH
7:30am 8:30am	THAI RUSH				THAI RUSH	11:30am 12:30pm	MUAY THAI
11:30am 12:30pm					THAI RUSH	12:30pm 1:30pm	BOXING
12:30pm 1:30pm	BOX&BURN	THAI RUSH	THAI RUSH	BOX&BURN	BOX&BURN	1:30pm 2:30pm	BOX&BURN
1:00pm 2:00pm							
6:30pm 7:30pm	THAI RUSH	THAI RUSH	BOXING	BOX&BURN	THAI RUSH		
7:30pm 8:30pm	MUAY THAI	MUAY THAI SPARRING	THAI RUSH	MUAY THAI	MUAY THAI SPARRING		
8:30pm 9:30pm	BOX&BURN		BOX&BURN				



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